

Forum Coffee Morning at Charlie Ratchford Court

When: Wednesday 29th January @ 10.30am-12pm

Where: Charlie Ratchford Court, 43 Crogsland Road, Chalk Farm, NW1 8FA.

(Side Entrance Gate, to the right of the Main Entrance)



Join us for a Coffee & Chat!

Our coffee mornings offer a great opportunity to talk to other parents about the challenges and the joys of living in Camden with a child or young person with additional needs.

What are your experiences? Do you have any top tips? Would you like advice from other parents?

It is a space to talk about anything.

Come along to share your experiences or simply listen to the conversations. If you are new and haven't joined one of our coffee mornings before – why not make this your first time? We are a friendly bunch, and we'd love for you to join us!





TOTAL COMMUNICATION

A workshop for Camden parents of children with learning disabilities of any age who are not yet using spoken language to communicate



When: Wednesday 5th February, 10am-12pm

Where: Virtual meeting on ZOOM (You must book a space)

This workshop will be suitable for anyone with a non-speaking child or a child who has some words but does not use them very functionally to communicate with others. (This could be a child of any age)

We will explore ways of building children's communication using a range of strategies such as pictures, objects and signs. There will be time for you to ask questions and share your experiences with other parents during the course of the session.

The workshop will be delivered by NHS Speech and Language therapists from the Camden Complex Needs Team (Vivian Lo) and the Camden Language and Communication Service (Rebecca Green).

To book onto this session please email:

Natasha.Burgess@kids.org.uk. Text or call Natasha on 07711 767 258 Or contact

Aishatu.Mohammed@kids.org.uk
Text or Call Aisha 07385 003 662

https://www.facebook.com/CamdenSpecialParentsForum







Annual Reviews Workshop

How to get the best EHCP Annual Review



When: Tuesday 11th February @ 10.30am – 12.30pm

Where: Greenwood centre, 37 Greenwood Place, Kentish Town, NW5 1LB

Are you about to have an annual review of your child/young person's EHCP?

This is a great information session for any Camden parents & carers with an upcoming annual review of their child's EHCP. Guiding you through the process, showing how you can be involved and how to get support.

What will you get out of it?

- An overview and understanding of what to expect from the annual review.
- Advice on getting support through the process.
- Advice on how to have you say and contribute to your child getting the best provision.

This very informative workshop will be delivered by SENDIASS staff (Special Educational Needs and Disabilities Information Advice and Support Service).



To book a place please email:

Natasha.burgess@kids.org.uk call or text 07711 767 258 Or Aishatu.mohammed@kids.org.uk call or text 07385 003 662

Please do keep an eye on facebook for general information, add your name to our contact list and keep in touch.

https://www.facebook.com/CamdenSpecialParentsForum





Join us for our SPRING TERM 2025 Walk & Talk sessions



Our popular Walk & Talk sessions are led by Ali who herself is a Camden parent.

This is a chance to get together with other parents who all share the experience of having a child with additional needs and/or learning disabilities. Talk about your problems, get some emotional support and find possible solutions. Everyone gets some time to talk and to learn from each other's experiences. Midway we stop off for a coffee at the café at Kenwood. You are also welcome even if you just want to walk and listen.

You will feel great after a walk on the Heath with us – so why not come along?

When: Mondays: 27th January, 24th February, 17th and 31st March 2025

Time: 10.15am – 12.30pm

Where: Hampstead Heath - Meet by the water fountain/cafe/toilets on Hampstead Heath by

the Parliament Hill side of the Heath near the tennis courts (bus access from C2 or 214 or

C11 get off at Parliament Hill/ Swains Lane bus stop).

What: Wear appropriate clothing as we will go rain or shine, and please be on time!

Please let Ali know if you're coming and also if you have to cancel last minute so we don't wait

Ali: 07788 521693

Keep an eye on facebook, add your name to our contact list and keep in touch.

www.facebook.com/CamdenSpecialParentsForum





SPRING Calendar 2025

Welcome to our SPRING Calendar of events, workshops and meetings for any parent, carer in Camden with a child or young person (0- 25 years) with special needs.

Whether you are seeking guidance, looking to share your experiences or simply hoping to connect with other parents or carers, our calendar has something for everyone. Please join us!

Coffee Mornings are a chance to meet other parents for a chat & to share advice and info.

Walk and Talks are relaxed walks on Hampstead Heath and a chance to get together with other parents, have a cup of coffee along the way and just talk about anything and everything.

Workshops are held each term on different subjects.

Forum Meetings are when we get together as parents with different professionals from services in and around Camden – ask questions, get updates and give feedback.

To book onto anything on our calendar below, get on our mailing list or to find out more please get in touch:

<u>Natasha.Burgess@kids.org.uk</u></u>. Text or call Natasha on 07711 767 258 **Or contact Aishatu.Mohammed@kids.org.uk** Text or Call Aisha 07385 003 662

We are on facebook – www.facebook.com/CamdenSpecialParentsForum and Twitter @CamdenSPForum

Jan

14 Tue	Coffee Morning, 10.30am-11.30am @ Greenwood Centre, Kentish Town.
22 Wed	Themed Forum Meeting, 10.30am-12pm @ Greenwood Centre, Kentish Town.
27 Mon	Walk and Talk, 10.15am-12.30pm @ Hampstead Heath.
29 Wed	Coffee Morning, 10:30am-12pm @ Charlie Ratchford Court, 43 Crogsland Road, Chalk Farm, NW1 8FA.

Feb

05 Wed	Total communications workshop, 10am-12pm Online via Zoom- register for Zoom link.
11 Tue	Annual Review workshop, SENDIASS 10:30am-12:30pm @ Greenwood Centre, Kentish Town.
24 Mon	Walk and Talk, 10.15am-12.30pm @ Hampstead Heath.
26 Wed	KIDS Camden Parent, Carer Well-Being day 10:30am-2pm @ Greenwood Centre, Kentish Town

Mar

04 Tue	Coffee Morning, 10.30am-11.30am @ Greenwood Centre, Kentish Town.
05 Wed	Movement, rest and relaxation, 12pm-2pm @ Kentish Town Congregational Church.
12 Wed	Forum meeting, 10:30am-12:30pm @ Greenwood Centre, 37 Greenwood Place. Kentish Town.
17 Mon	Walk and Talk, 10.15am-12.30pm @ Hampstead Heath.
26 Wed	Themed Forum Meeting, 10.30am-12pm @ Greenwood Centre, Kentish Town.
31 Mon	Walk & Talk, 10:15am-12:30pm @ Hampstead Heath.
31 Mon	CAMHS understanding and managing behaviour, 11:45am-1pm Online via Zoom- register for Zoom link.



WALK and TALK, Hampstead Heath

Meet near Parliament Hill cafe/toilets on Hampstead Heath by the Parliament Hill side of the Heath near the tennis courts (bus access from C2 or 214 or C11 get off at Parliament Hill/ Swains Lane bus stop).

Contact Ali Turner for more information: 07788 521693.



Workshops and meetings

Greenwood Centre, 37 Greenwood Place, London NW5 1LB

Situated in Kentish Town and a 5 mins walk from Kentish Town Underground Station and a 10 min walk from Gospel Oak Overground Station. Also served by bus 88 and 214.

Just email us to join a session! CamdenSPF@kids.org.uk

"Parent Carer Forums are representative groups of parents and carers of children and young people with disabilities who work alongside local authorities, education, health and other service providers to ensure the services they plan, commission, deliver and monitor meet the needs of children a meet the needs of children and families"